



Australian Men's Shed Association

SHOULDER TO SHOULDER



Tune in to this week's episode of *The Shed Wireless* to hear from our special guest, Federal Minister for Health the Hon Greg Hunt MP

Possibly one of the busiest men in the country right now, Australia's Federal Minister for Health the Hon Greg Hunt MP took some time out to chat with us providing a rare insight into Australia's response to the COVID-19 threat.



You'll also hear about:

- Exercise snacking and the importance of social distancing from the fridge.
- Mark Lilly from AMSA HQ is Working in the Shed.
- Part 4 of Barry Golding's History of Shedding.
- Once again, Rip Woodchip nails it.
- And a whole lot more...

Hosted by award-winning broadcaster Aaron Kearney and AMSA Boss David Helmers.

Listen and subscribe to *The Shed*

Wireless here: <https://podcasts.apple.com/au/podcast/the-shed-wireless/id1510493380>

Or, if you're not great with tech,
here: <http://mensshed.org/theshedwireless>



Are you social distancing from the fridge?

In this week's episode of The Shed Wireless we talk 'exercise snacking' and the dangers of being at home with the fridge stocked.

Find out more about the concept of 'exercise snacking' and staying active whilst social distancing at The Shed Online. **Click here to read more.**