



APRIL 2020
ISSUE NO 101

The Midland Line Midland Men's Shed Newsletter

Blokes, jokes, mates and more

PRESIDENT'S MESSAGE:



A month that started with world wide news not good and ended for us, MMS, in lock down.

The decision to close was, although made rather hurriedly, turned out to have been the correct decision. Our elderly demographic being one of the important factors that was taken into consideration.

The important thing to do now is to adhere to the official recommendations, lay low and look after yourselves. Stay in touch with your mates by phone or "smoke signals" as this will keep us together and help pass the time and of course look forward to all getting back together, in one piece, when this is over.

Cheers and keep safe.

John Griffiths

President

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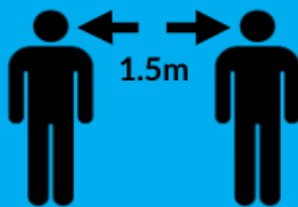
COVID-19

STOP THE SPREAD

☎ Coronavirus Health Information Line 1800 020 080 for advice



WASH YOUR HANDS
FREQUENTLY



STAY AT LEAST 1.5M
AWAY FROM OTHERS



COVER COUGHS
AND SNEEZES



ONLY LEAVE HOME
FOR ESSENTIALS

Midland Men's Shed
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MEMBERSHIP STATS:

TUESDAY MORNINGS	MARCH
Average Attendance for month (Members)	51
% Attendance for Month (Members)	66
No. Members 100%	27
Visitors for month	10
Members attend/Week	51
Av Weekly Attendance (Inc Visitors)	55
Best Week Attendance	60
New Members	2

MIDVALE WORKSHOPS:

Total attendance for the month	110
Average daily attendance	11

COMING EVENTS:

- April 28th "ED Connect" - Karen Vincent - **Cancelled**
- May 12th "Building Better Friendships" - Greg Cream - **Cancelled**

The following events will depend on when Men's Shed resumes:

- June 16th "Reptiles" - Eric McCrum
- July 21st 10th Birthday
- August 25th "Cape Horn or Bust" - Fran Taylor
- September 15th "Sandakan Death Marches" - Bob Coventry
- September 23rd "Ageing Disgracefully" - Swan Active Beechboro
- December 15th Christmas Lunch

HAND WASHING:

Washing your hands may seem rather unsophisticated compared to today's medical advances, but it works. Washing your hands reduces the rate of bacterial and viral infections by $\frac{1}{3}$ to $\frac{1}{2}$, and gastrointestinal infections by 80%. "Frequent hand-washing is one of the best ways to prevent the spread of infectious disease," say the Centres for Disease Control.



You should wash your hands before, during, and after food preparation; before eating; after using the bathroom; and after touching pets, animals, or waste of any kind. To wash your hands: apply soap and rub your hands together vigorously for 20 seconds not forgetting under your finger nails, rinse and dry your hands after.

JOKING OF COURSE:

A man and his wife are dining at a table in a plush restaurant, and the husband keeps staring at a drunken lady swigging her drink as she sits alone at a nearby table.

The wife asks, "Do you know her?"

"Yes," sighs the husband, "she's my ex-girlfriend. I understand she took to drinking right after we split up seven years ago, and I hear she hasn't been sober since."

"My God!" says the wife. "Who would think a person could go on celebrating that long?"

Stolen from the Kalamunda Men's Shed Newsletter.

HOW ABOUT HELPING A MATE!

In the good Aussie tradition of mateship and neighbourly support, we would like Midland Men's Shed to be a caring community organisation during this Covid-19 craziness.

Over the coming weeks there will be members and their families who could do with a friendly phone call, grocery delivery, or other practical support.

Let's turn physical isolation into social and emotional connection in our Shed!

We can get through this together!

Would you be willing, as your availability permits, to help a member who is inconvenienced, in self-isolation or unwell?

If so, could you help by:

- Making a phone call to chat/provide moral support/discuss options
- Delivering groceries to the door
- Transport
- Pet care (e.g. walking the dog, vet visits)
- Other (suggestions welcome)?

Should you be able to help please contact our Welfare Officer, Roger - 0417 968 793 or daddypee@bigpond.com

STELE OF HEGESO:

- **Mick Beatty**

The Stele of Hegeso is a funerary monument attributed to the sculptor Kallimachos. The stele stands at a height of 1.58 m and dates back to approximately 400 BCE. The monument is a relief sculpture carved from pentelic marble (the marble of Athens) and was discovered in the Kerameikos Cemetery in Athens as part of the Koroibos' family plot. The monument is in good condition with the only restorations taking place on the exterior of the frame. The stele depicts two figures; a standing female figure who is identified as a maid and a resting female figure identified as Hegeso. Neither figure portrays any facial expression which is characteristic of the time period (Pedley, 2012). Hegeso seems to be examining the contents of a jewellery box offered by her maid.

Here is the photo of my latest wood carving of the Stele Hegego.



CENOSILLICAPHOBIA:

Cenosillicaphobia is a fear of an empty glass.

Sufferers experience fear of seeing an empty glass, it may be a beer glass, a wine glass, or a cocktail glass.

A person who suffers from this phobia feels uncomfortable when having an empty glass; in worse situations a person may become frustrated and angry



The same rain that grows weeds for the pessimist,
sprinkles flowers for the optimist

OUR RULES:

- **Bob Legge**

We always hear "the rules" from the female side. Now here are the rules from the male side.

These are **OUR** rules:

Please note these are all numbered "1" ON PURPOSE!

1. Breasts are for looking at and that is why we do it. Don't try to change that.
1. Learn to work the toilet seat. You're a big girl. If it's up, put it down. We need it up, you need it down. You don't hear us complaining about you leaving it down.
1. Saturday = sports. It's like the full moon or the changing of the tides. Let it be.
1. Shopping is NOT a sport. And no, we are never going to think of it that way.
1. Crying is blackmail.
1. Ask for what you want. Let us be clear on this one:
 - * Subtle hints do not work!
 - * Strong hints do not work!
 - * Obvious hints do not work!
 - * JUST SAY IT!
1. Yes and No are perfectly acceptable answers to almost every question
1. Come to us with a problem only if you want help solving it. That's what we do. Sympathy is what your girlfriends are for
1. A headache that lasts for 17 months is a problem. See a doctor
1. Anything we said 6 months ago is inadmissible in an argument. In fact, all comments become null and void after 7 days
1. If you think you're fat, you probably are. Don't ask us
1. If something we said can be interpreted two ways, and one of the ways makes you sad or angry, we meant the other one
1. You can either ask us to do something or tell us how you want it done, not both. If you already know best how to do it, just do it yourself.
1. Whenever possible, please say whatever you have to say during commercials.
1. Christopher Columbus did not need directions and neither do we.
1. ALL men see in only 16 colours, like Windows default settings. Peach, for example, is a fruit, not a colour. Pumpkin is also a fruit. We have no idea what mauve is.
1. If it itches, it will be scratched. We do that.
1. If we ask what is wrong and you say "nothing," we will act like nothing's wrong. We know you are lying, but it is just not worth the hassle.
1. If you ask a question you don't want an answer to, expect an answer you don't want to hear.
1. When we have to go somewhere, absolutely anything you wear is fine, Really
1. Don't ask us what were thinking about unless you are prepared to discuss such topics as:
 - * Sex,
 - * Sport,
 - * Cars,
 - * or Computers
1. You have enough clothes.
1. You have too many shoes.
1. I am in shape. Round is a shape.
1. Thank you for reading this; Yes, I know, I have to sleep on the couch tonight, but did you know men really don't mind that, it's like camping

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