

Visiting the shed is an important part of the week for many men and women. Whilst COVID-19 has forced the cl thousands of sheds across 12 countries, staying in touch and connected is more important than ever.

So, in partnership with the <u>Irish Men's Shed Association</u> and <u>International Mens Sheds</u>
<u>Organisation</u>, we invite the Men's Shed community to join in conversation at <u>The AMSA Shed Onli</u>

The goal of The AMSA Shed Online is help people connect in the same way they do at the shed – over a cuppa laugh.

"The shed's themselves may be temporarily closed as part of the response to COVID-19 but the mission of help people stay connected does not change," said AMSA Patron His Excellency General the Honourable David Hull DSC (Retd) in a message to Men's Shed members.

The AMSA Shed Online is a simple online space for men to stay connected at a time when community connecti increasingly difficult, but still vitally important to our health and wellbeing.

We hope to create a global social community where men can talk and share their experiences - a global informal exchange. And whilst the AMSA Shed Online has been built with the Men's Shed community in mind, we're invitanyone with an interest to join the conversation.

The AMSA Shed Online is now available at www.mensshed.org/theshedonline.

Tools to help you Stay Connected with shed mates

During physical isolation, staying socially connected is more important than ever... But the Shed is So now what?

Men's Sheds across Australia have closed and now is the time to be extremely diligent in ensuring that our remain connected and that we look after each other.

We have put together some information and posted the blog <u>'Handy Tools to help you stay connected shed mates'</u> at The AMSA Shed Online. You can also download a copy of this AMSA Resource from the *F* website: click here.

We'll also hand the conversation over to your suggestions on how to Stay Connected at The Shed Online D Forums. You can join in on the Shed Chatter at mensshed.org/theshedonline/forums/forum/shed-ch